

## Clubhouse Notes

3 MINDSET ERRORS DELAYING ENTREPRENEURS FROM THEIR NEXT LEVEL

Monday, December 14, 2020

**Definition of a Mindset Error:** *a way of thinking that does not help you reach your goal*

### **Mindset Error #1: The Fallacy of "When"**

If you've ever thought "I'll be glad when ..." you were having a thought error.

First, when you think this you are *delaying joy* till something happens. You've **decided** you'll be glad when a particular circumstance happens.

But circumstances don't create our feelings; **our thoughts do**.

Secondly, you've made this "I'll be glad when circumstance" to be a place *outside* of your control. But once you realize that this a place that *you've created* in your mind, it's *also* within your ability to create.

For example ...

When you say "I'll be glad when I don't have to work 12 hours a day in my business", this is a place you see in your mind. And the same mind that sees this place can create this place.

It's not outside of you. It's in you.

The key is to *stop delaying* your joy until that happens. Access the joy now. It will fuel you to bring your "when" into the now.

### **Mindset Error #2: Indulging More in "How" Thoughts Than "Done" Thoughts**

We tend to believe that we need to know the "how" beforehand. We believe we can only accomplish the goal when we know "how". But not knowing the "how" is a given. Of course, you don't know how. You won't know how till you do it. What we need in order to create a breakthrough today is ACCESS TO THE HOW (that is found in the **Already Done Place** - the place where you have access to a higher level of thinking - i.e. thinking from the place where it's already done - thinking as the person who already has the goal).

Many people use not knowing "the how" against them. They tend to believe that their goal can happen only when they know how. They will believe they can do it or get the result they want when they know how.

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But of course, you don't know how because if you did you would have what you want already. It's a given that you don't know how, not something to be used against you. It's not an indicator that you won't do it.

What you need instead is **ACCESS TO THE HOW**.

Remember action is rooted in thought. Access to the 'how' [the action you need to take to create any result] is in your thoughts. The action (the how) is the fruit of what you're thinking.

The only place you have access ahead of time (before you achieve it) is the Already Done Place. In the Already Done Place, you have access to the level of thinking that creates the how that drives the action that you don't know yet that you have to take.

For example, to create \$100K, the "how" lies in the way you think, feel and show up at \$100K, so you got to get there first in your thinking to access the "how".

### Mindset Error #3: The Not Enough Filter

When you think thoughts from the place of who you are, what you have, and what you know not being enough, you will see the world through a *filter of not enough*.

It doesn't matter what income level you're at; if you have this filter whatever amount you make in your business will not be enough.

Thoughts of "not enough" always create "not enough". If you're having a thought about something not being enough for what you need in order to create what's next you will end up creating not enough.

When you think this you're not thinking that what you have is enough - you're not putting energy towards what you do know and have. You're focusing on what you *don't* know vs what you *do* know.

For example, if you think you don't know enough you will stay consuming information. But overconsumption leads to confusion and overwhelm. You know enough *now* to achieve your goals.

What you need in order to create a breakthrough today is **COMMITMENT**. Instead of more information, you need to pre-decide something will work and then decide that no matter what you're not going to quit. Many people have a very shallow level of commitment. Their subconscious conditions for quitting are way lower than their conscious mind thinks. If they come

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up against any resistance to their work they stop. If no one buys their course in a month they quit. If enough people don't watch their videos they quit. If their family judges them they quit. If their family doesn't support them like they think they should, they quit.

If you decided to fully commit to the goal before knowing if it would happen you're deciding to not trust in the how. Instead, your belief is in the inevitability of the goal/vision.

### What's Next?

Thank you for dropping in my Clubhouse Room and for downloading my notes for further study. If you'd like to go deeper in this work I have a free teaching on how your thoughts are creating the results you're getting in your business.

[Click here to access the teaching.](#)

Blessings!

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