

## Clubhouse Notes

Your Past Self Isn't Creating Your Present Money  
Wednesday, January 27, 2021

The past doesn't cause the present.

A lot of people blame their current situation on the past. The past is not the thing causing your current situation. Your past isn't the thing creating who you are today. It's actually who you are today that's choosing the meaning of your past.

"We reinterpret or reconstruct our memory in light of what our mental set is in the present. In this sense, it is more accurate to say the present causes the meaning of the past, than it is to say that the past causes the meaning of the present." Dr. Brent Slife

Our brain goes to the past to find evidence of what's possible/available in the future.

But it's who you are in the present that gives the past a say in what you're creating.

If you want to make \$100K this year it's not coming from your past. It's coming from your future thinking, feelings, actions.

What you're making *now* is coming from your current thoughts, feelings, actions.

None of it's coming from your past.

Your money in the future doesn't come from your past.

So, if you're having thoughts like "I've never done this before", "who am I to do this; no one in my family has ever done this", this is your brain offering evidence from the past. Who you are in the present would have to reinforce that thought and let it fuel your actions and ultimately what you're creating. You have a choice.

If you want to create a new income goal this year when it's an amount "you've never created before" you have to *first*, not reinforce the thought (meaning) of the past and you have to *secondly*, think from the future (as the person who has the goal).

Don't go to the past to figure out the future. Go to the future to figure out the future.

VISION COACH KIM'S

---

## Clubhouse Notes

YOUR PAST SELF ISN'T CREATING YOUR PRESENT MONEY

### What's Next?

Thank you for dropping in my Clubhouse Room and for downloading my notes for further study. If you'd like to go deeper in this work I have a free teaching on how your thoughts are creating the results you're getting in your business.

[Click here to access the teaching.](#)

Blessings!  
Vision Coach Kim  
kimsclubhouse.com